OUR VISION IS FOR EVERY HUMAN TO LIVE AN EMOTIONALLY HEALTHY LIFE

Emotional Wellbeing means: Respecting and understanding the spectrum of emotions within in ourselves and others • Ability to acknowledge, name and accept our emotional states • Capacity to feel, sit in and move through our emotions without avoiding or brooding • To use emotions as signals for attention, action or connection.
• Having a sense of belonging within ourselves, our community, the world, the universe.

Lack of Understanding: There's a lack of understanding of what it means to be emotionally healthy which leads to not being able to harness emotions to positively impact themselves and those around them.

Alone: People lack the skills to have honest conversations about life challenges and ability to seek support. Because of this people are 'bottling it up', not sharing and feeling alone. 1 in 4 Australian adults report feeling alone.

Mental and Emotional ill-health: In Australia and around the world, mental health challenges are ever present and growing.

1 in 5 Australian adults experience mental illness in any given year and furthermore, 1 in 3 Australian Adults will experience emotional distress.

Village Lost: We believe our sense of village has been lost in modern times. Research shows 48% of us are not sharing openly about certain life challenges with our inner circle of friends and family, because of fear of being judged, being a burden or because the listener may simply not understand or be able to truly empathise.

Own Programs

We'll execute programs, events and other solutions that promote emotional wellbeing be it grass roots direct to participants or programs with global reach.

Grant

Global Village Co App users can apply to the Community Foundation to seek support for their actionable and innovative solutions that support emotional wellbeing.

MISSION

Our mission is to support community warriors, be it individuals or groups that work to help others, men, women, children and whole communities to live emotionally healthier lives.

Using 4 methods of action, we aim to positively impact people starting in Australia but aiming to reach around the world, by providing tangible solutions and tools to support people's emotional wellbeing.

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Donate to existing programs We will donate to reputable programs that work on the ground, to deliver immediate short-term impact at a grassroot level or more established

programs with long-term,

sustainable objectives.

Impact investment
The Foundartion will look to
invest in businesses, funds or
programs that deliver positive
outcomes consistent with our
vision and values, that support
emotional wellbeing.

WE **ACT** ACCORDING TO OUR VALUES:

Curiosity - evolve, be creative, passionate, adventurous and open

Collaboration - work with others, respect for all ideas & points of view

Respect - trust, fairness, transparency, safety, honesty

Kindness - support businesses operating as a force for good be kind & respectful in our interactions

Integrity - we stay true to our purpose, mission, values and principles

Inclusivity - strive for equality, diversity and respect the under-represented

Conscious - of our impact on people, planet and animals

The little things - what we represent matters as much as its execution

PRINCIPLES:

We hold ourselves and our business partners accountable to the following principles. We don't invest in, take investment from, align or support other companies that don't actively support these principles:

Contribute positively to society, environment, humankind and the world

Operate with an honest and transparent corporate mindset

Respect laws around the world

Enact the 10 Fair Trade Principles